

Does your family know *the season you're in?*

> *"We can all do hard things for a season. No one can do hard things forever.*

Every high-capacity leader eventually enters a season that pulls them away from the family rhythm they've built. That's not the problem.

The problem is doing it without naming it out loud.

A Home Board Meeting is a short weekly sit-down with your spouse. Not a status update, but a real conversation about the week's agenda, who's carrying what, and which non-negotiables don't move.

Family dinner. A kid's game. Church on Sunday. Name the two or three things that stay fixed no matter how demanding the season gets.

Every grind season needs an end date, spoken out loud before it begins. Set two or three milestones that mark real progress, not just busyness, so everyone knows what you're working toward.

Just as important: plan the reprieve before the grind starts. A weekend away, a lighter week, a return to normal rhythm. Scheduled, not hoped for.

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At Boaz Strategic, we develop leaders who pace ambition without losing what matters most along the way.