

Peace in the middle *of the spin.*

> *"…the peace of God, which transcends all understanding…* — *Philippians 4:7 (NIV)*

Have you ever ridden the spinning teacups? Aaron D. Minard, co-founder of Boaz Strategic, remembers riding them with his daughters. They wanted to help spin as fast as possible, until they realized their little hands were not helping at all. Dad was the one turning the cup.

Life can feel the same way.

We believe our effort keeps things turning. That is the illusion of control. Very little is ours to command; the one thing we truly control is how we respond to the chaos we meet. Yet nothing is left to chance: "In their hearts humans plan their course, but the LORD establishes their steps" (Proverbs 16:9). So prepare well, act where you can, and pray with faith in every circumstance.

Then place the outcome in God's hands. Whether the answer is yes or no, we can respond with gratitude (1 Thessalonians 5:18).

Look at the one across from you.

Back to sitting in that spinning teacup. Look out at the world flying past and you grow dizzy fast. Fix your eyes on the person across from you, and the blur fades. Only the one in front of you stays in focus.

Scripture points to the same discipline: "You will keep in perfect peace those whose minds are steadfast, because they trust in you" (Isaiah 26:3). The peace does not wait for the chaos to settle. It comes when our focus is fixed on Him.

So practice it. When the spin picks up, name what is not yours to control, hand it to God in prayer, and turn your attention back to Him and the one task or person in front of you.

You cannot control the spin. You can choose where you look.

At Boaz Strategic, we help leaders find peace in the midst of chaos.

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